



# ***What About Us?***

## ***Nurturing Adult Faith in the Parish Community***

*Adults make up the bulk of our parish population, yet are often left out of parish faith formation planning. Can we change this?*

*“The catechesis of adults is the principal form of catechesis, because it is addressed to persons who have the greatest responsibilities and capacity to live the Christian message in its fully developed form”. (US Bishops in the National Directory for Catechesis, 48A)*

The Office of Lay Ministry Formation offers training for parish teams responsible for facilitating adult faith formation/enrichment in the local Catholic community.

**What:** Two 2 ½ hour workshops or one 5-hour all-inclusive workshop with a meal break (you choose the format). Offered at your own site on the date(s) mutually agreed upon

In this time together, we will explore:

- The faith journey and characteristics of the adult Catholic and how adults learn
- The US Bishops' pastoral plan for adult faith formation, entitled "Our Hearts Were Burning Within Us"
- Roles and responsibilities of an adult faith formation team and its moderator
- Multiple "delivery systems" and "best practices" for adult faith formation (one size doesn't fit all!)

At this team training, you will have the opportunity to begin your adult faith formation/enrichment plan for your parish or cluster. Follow-up consultation is always available after the training.

**Cost:** \$75. per parish team, payable to the Office of Lay Ministry Formation

Contact Joyce Solimini (518-453-6670) or [joyce.solimini@rcda.org](mailto:joyce.solimini@rcda.org) to arrange the date(s), place and time for this training.

*"Whatever we can do in Catholic parishes and dioceses to encourage lifelong involvement in church life and faith formation will bear fruit in strengthened Christian community and mission." (Our Hearts Were Burning Within Us, #123)*